



The Adequate Snack

Chef Heidi Wittenborn

Heidi@TheAdequateSnack.com

Store: 512-267-1957 Cell: 512-217-1675

www.TheAdequateSnack.com

Food Bars

Food bars work well for parties as well as for business meetings, training events, and seminars. Each guest can build a dish exactly to their liking.

All food bars include basic plates or bowls appropriate for the type of food and party pack with a sturdy knife, fork, napkin, and salt and pepper packs. Any of our other dinnerware settings may be selected for an additional fee.

Listed below are several selections that we provide. Chef Heidi would be delighted to create one or more selections to meet your particular desires and requirements. Please call Chef Heidi at 512-267-1957 to discuss your special event or arrange an appointment for a free consultation.

A minimum order of 10 servings per selection is required unless otherwise noted.

Mashed Potato Bar

Mashed potatoes with an assortment of toppings including butter, sour cream, cheddar cheese, green onions, and chopped bacon
\$5.25/guest

Grand Mashed Potato Bar

Mashed potatoes with an assortment of toppings including butter, sour cream, blue cheese, cheddar cheese, parmesan cheese, roasted garlic, green onions, chopped bacon, caramelized onions, jalapenos, sautéed mushrooms, and horseradish
\$6.75/guest

Mashed Sweet Potato Bar

Mashed sweet potatoes with an assortment of toppings including butter, blue cheese, brown sugar, crushed pineapple, pecans, mini marshmallows, cinnamon sugar, maple syrup, orange bourbon syrup, caramelized apples, and fresh ginger
\$6.75/guest

Hamburger Bar

Certified all natural select Black Angus lean ground beef patties, (grilled chicken breast and veggie burgers on request), assorted cheeses, pickles, onions, lettuce, tomato, assorted condiments, buns, chips.
\$9.75/guest
Add charro beans or potato salad for \$2.50/guest.

Baked Potato Bar

Piping hot potatoes, grilled chicken, chili, cheddar cheese, butter, sour cream, green onions, and chopped bacon; served with garden salad and roll assortment with butter.

\$11.10/guest

Black Bean Chili Bar

Black bean chili (vegetarian), taco meat, grilled chicken, cheddar cheese, sour cream, guacamole, green onions, jalapenos, and salsa; served with garden salad and roll assortment with butter.

\$10.85/guest

Add chicken mole or pork pibil for \$4/guest.

Fajita Bar

Beef and chicken fajitas served with sautéed peppers, onions and soft flour tortillas. Includes Spanish rice, charro beans, salsa fresca, sour cream, shredded lettuce, cheese, and jalapenos.

\$10.35/guest

Add guacamole for \$2.95/guest.

Salad Bar

Mixed greens, baby spinach, grilled chicken, ham, albacore tuna, hard boiled eggs, shredded carrots, cucumbers, olives, cheddar cheese, Parmesan cheese, blue cheese, croutons, bacon, tomatoes, walnuts, cranberries, ranch and balsamic vinaigrette dressings; served with rolls assortment and butter

\$9.85/guest

Taco Bar

Spicy ground beef and seasoned grilled chicken, served with crispy corn shells and soft flour tortillas. Includes Spanish rice, charro beans, shredded lettuce, cheese, salsa fresca, jalapenos, and sour cream.

\$10.80/guest

Add guacamole for \$2.95/guest.

Cake Bar

Pound cake, angel food cake, dark chocolate brownies, chocolate sauce, whipped cream, hazelnut whipped cream, Jack Daniels fruit sauce, nuts, chocolate chips, strawberry sauce, pineapple sauce, mixed berry sauce, toffee bits

\$8.25/guest